

### UNIQUE THREE PART TREATMENT SYSTEM

Pray Chiropractic has been serving the North Georgia area over 25 years with our unique chiropractic approach of helping people get out of pain fast and staying pain free so they can enjoy life to the fullest. Our treatment plan blends expert chiropractic care with cutting-edge technology. Pray Chiropractic patients receive unique, state-of-the-art treatment combinations of chiropractic adjustments, computerized spinal decompression, and deep tissue laser therapy, allowing patients to get the most pain relief.... in the shortest possible time.



### WHY CHOOSE PRAY?



#### **Voted the Best Chiropractic Office**

Multiple year Best Chiropractic Office Award Winner



#### **Advanced Technology**

Onsite Digital X-rays, Deep Tissue Laser Therapy and Computerized Spinal Decompression Therapy



#### **Personalized Care**

Gentle adjustments specifically tailored to each patient is a perfect fit for the entire family.



#### **Affordable Treatments**

Most insurance accepted and several payment options are available including Care Credit



#### **Convenient Office Hours**

Early, Late and Weekend appointments available



#### **Experienced Doctors and Staff**

Over 50,000 patient seen since 1995



#### **No Wait Policy**

Walk-ins are always welcome and emergencies are seen immediately



#### **Well Reviewed**

Check out the many 5-star personal reviews for Pray Chiropractic on Google







OUR UNIQUE APPROACH

Patients at Pray Chiropractic receive state-ofthe-art treatment combinations that include **chiropractic adjustments,** computerized **spinal decompression, and deep tissue laser therapy,** allowing patients to get the most pain relief in the shortest possible time and create lasting results.

This unique three part approach is designed to improve the alignment of the vertebra, rehabilitate the spinal discs and promote healing of the soft tissues supporting the spine. This allows us to effectively treat patients of all ages for a wide variety of conditions, including headaches, back, neck and joint pain, even the most difficult cases.

CHIROPRACTIC

ADJUSTMENTS



## 1 - ALIGNMENT

The primary course of care includes specific **CHIROPRACTIC** 

**ADJUSTMENTS** designed to return individual spinal bones to their proper position or motion. Spinal joints that are "locked up," or not moving right can affect your health by irritating nearby nerve tissue. Chiropractic adjustments, over time, add motion to these stuck areas helping to restore proper nervous system function and can improve the healing process.

Our doctors are experts in the diagnosis and management of spine-related chiropractic disorders having successfully performed tens of thousands of adjustments. Our doctors use several different adjustment techniques to maximize results while ensuring patient comfort.

Chiropractic adjustments actually feel good! After an adjustment, many patients report a sense of well-being or a feeling of calmness. Others feel improved mobility or pressure reduction. Every adjustment is tailored to each patient's size, age, and unique health problem making adjustments comfortable and effective.

# 2 - REHABILITATION

Pray Chiropractic also offers computerized **SPINAL DECOMPRESSION THERAPY** a leading non-surgical treatment for back and neck pain caused by **bulging**, **degenerative**, **or herniated discs**.

SPINAL DECOMPRESSION

Spinal Decompression Therapy slowly lengthens and decompresses the spine and this dynamic pull allows fluids to be pumped back into the discs so that they can heal thus reducing nerve pressure and pain. Some

notice an improvement in their symptoms after the first few treatments!

Studies have shown that Spinal Decompression reduces disc herniation size in most patients while also decreasing pain up to 90%. The vast majority of even the worst cases experience significant, long-lasting relief, including those with spinal stenosis or even failed back surgery. Many patients report not only a reduction in their pain but a feeling that their backs have become more durable and stronger over the course of treatment.



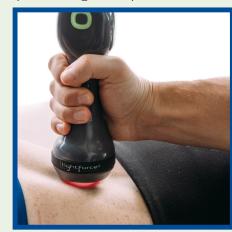
# 3 - PAIN REDUCTION

DEEP TISSUE LASER THERAPY The **40-WATT DEEP TISSUE LASER THERAPY** is a revolutionary technology that delivers light energy to damaged cells in order to increase blood flow and stimulate natural healing activity. This powerful laser aids in the treatment of conditions such as neck/ back pain, whiplash injuries, bursitis, and tendonitis.

As part of our **three-step system,** the 40-watt deep tissue laser **reduces pain** and inflammation quickly allowing chiropractic

adjustments and decompression therapy to be more effective and have longer-lasting results.

Laser therapy is administered directly to the area of complaint causing a rise in temperature described by patients as a pleasant warm sensation. Our deep tissue laser is FDA cleared and represents a significant advance in pain-relieving technology. Treatments are painless and take only minutes. Many patients see pain reduction immediately after the very first treatment.



# PATIENT SUCCESS STORIES



I felt better immediately! The perfect combination: spinal manipulation, decompression, and laser treatments. I was immediately better. I would recommend it to anyone!

Greg

**Tremendous results** within the first week of my treatments. My pain went from an 8 to a 4. The decompression and laser have done and are still doing so much for me. It was such a surprise and experience.

Kenneth

I now have my life back! I had neck and back pain and had seen an MD and tried physical therapy...
but neither helped. I was told that my neck would require surgery. I decided to try Pray Chiropractic. After a few
treatments, my pain is greatly reduced. Now I am a true believer in the benefits of chiropractic care. I have never been
to a doctor's office where the staff was consistently as friendly and personable.

Betty

I can walk without pain again! The doctors have got me doing a couple of different therapies. I do basically everything they've got. Adjustment, Laser, and Decompression, and on the first day of treatment I walked out with less pain and it has gotten better after each treatment.

Thomas

**So impressed with Pray Chiropractic.** I have done the laser therapy, decompression, and adjustments with the doctor and within 2 weeks I have no pain and I enjoy coming to my visits. *Joyce* 

I was told exactly what was wrong! The doctors at Pray Chiropractic took the time to explain my treatment options which would help me the most. They showed me exactly what was going on in my body and why I had pain. After the first adjustments I could take a deep breath again, my sinuses cleared up and my migraines were better.

Jennifer

**The Best treatment I have ever had!** I have been going to chiropractors for over 25 years now. I have participated in all kinds of treatment programs, had all types of adjustments/therapy, but I have never had the results or the confidence that I have had with Dr Nick. He is undoubtedly the most knowledgeable, most adept and efficient chiropractor I have ever had. His expertise in his field is without limitation.

Billy

**Pray Chiropractic is the Best!** A few weeks ago, I was having tremendous pain in my left leg, so bad I could hardly walk! My husband recommended Dr. Pray and said he is the BEST. I found that to be true. After only a few weeks I am walking normal again without pain!

#### Check out all our reviews online

www.praychiro.com/review-us/



